



Please, leave this sheet at the Coffee shop and use cheetsheet. Take a picture if needed. Thanks



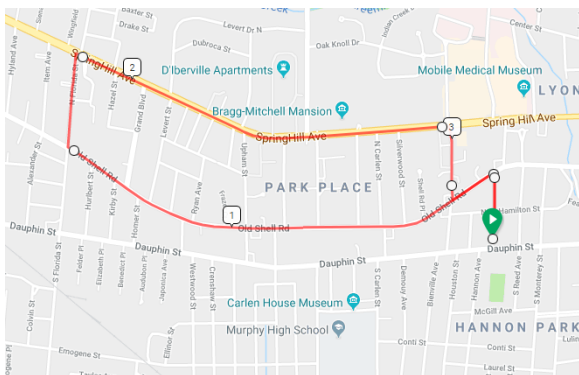
Chaleur's routes

2 routes option: Half Marathon Option: 3.5 Miles

Full Marathon Option: 5.5 Miles

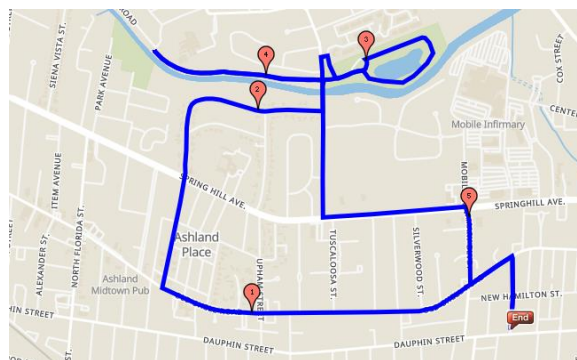
THE LONG ROUTE INCLUDE THREE MILE CREEK TRAIL. GREAT ADDITION TO MOBILE, BUT USE CAUTION. ALWAYS HAVE A RUNNING BUDDY.

3.5 miles option



Turn left onto Old Shell Rd	0.2 mi
Turn right onto N Florida St	1.5 mi
Turn right onto Spring Hill Ave	1.8 mi
Turn right onto Mobile Infirmary Blvd	3.0 mi
Turn left onto Old Shell Rd	3.2 mi
Turn right onto Semmes Ave and back to the Coffee shop	3.3 mi

5.5 miles option



Head North on Semmes Av.	
Turn left onto Old Shell Rd	0.2 mi
Turn right onto Levert St	1.3 mi
Cross Springhill Ave. USE CAUTION CROSSING	1.5 mi
Stay on Levert St after crossing Springhill. The road will curve right	1.5 mi
Turn left at Stanton Rd	
Turn right onto Tricentennial Park	2.3 mi
Run a loop around the lake	2.4 mi
Exit the park, and go across Stanton Rd to get on the Thee Mile Creek path. THIS IS A SECLUDED PORTION - ALWAYS RUN WITH SOMEONE	
Run to the end of the park and turn around	
Turn right at Stanton Rd	4.2 mi
Turn left onto Spring Hill Ave	4.5 mi
Turn right onto Mobile Infirmary Blvd	4.9 mi
Turn left onto Old Shell Rd	5.1 mi
Turn right onto Semmes Ave and back to the Coffee Shop	5.3 mi